## International Workshop on "Nutrition for Resilience: Building a Healthy Generation"

From Date: 03.09.2025

**To Date:** 04.09.2025

**Organized by:** Department of BBA (Hospital Administration)

Academic Year: 2025 -2026

Report:

An International Workshop on "Nutrition for Resilience: Building a Healthy Generation" was conducted on 3rd and 4th September 2025. The first day of the workshop was held at CMC, and the second day took place at the Auxilium Campus. The sessions were led by Dr. Srimathi Kannan, Founder of Cloud Aspirers, USA, who shared valuable insights on fostering nutritional resilience among the younger generation. As part of this collaborative initiative, an MoU was also signed, marking a significant step toward future partnerships in promoting global nutrition and health education.